

THE WOMEN ON BOARDS NETWORK

OCTOBER 2018



We love it when women are recognised; when they are celebrated, and during the recent African Women of Excellence Awards (AWEA) in Sandton, women including Winnie Madikizela-Mandela, Aretha Franklin and Jeannette Kagame were feted. Perhaps even more exciting, here, on our own turf, one of our brilliant members was recognised and we couldn't be more proud of her—Kathryne Maundu was named among the Top 40 under 40 Women in Nairobi.

We also had a great board talk in September! Do check out the highlights from it on page 3 and tell us if you relate/have anything to add. We hope to see you soon at our upcoming events, detailed herein!

Warmest,

The WOB Network Team

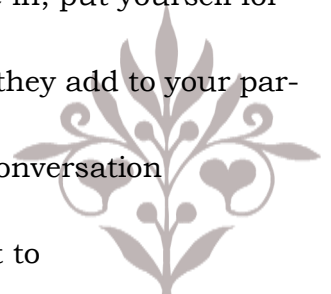
PICTURES FROM THE SEPTEMBER BOARD TALK



NUGGETS OF WISDOM FROM THE SEPTEMBER BOARD TALK



- Some common challenges one may face in ascending to leadership include family obligations, fear, lack of confidence. Have a plan for dealing with each of these.
- Make sure, despite it all, you schedule time for the important things—schedule in your family, for example.
- Your choice of spouse does affect you in the long run—it is one of the biggest decisions you will make—will this person be supportive? Make sure you carry them along in your progressions
- Know that there are unconscious biases that may work against us—recognise them because it may not be just you that has them—your superior, too, may have them
- The society may also impose barriers in your way—for instance, the perception of women's place being in the kitchen, sexual harassment
- A lot of the structures we have are designed by men for men—we need to work with organisations to ensure that women can have access to opportunity; to the right people, etc.
- There are also governmental barriers—be it statistically (not enough statistics to understand how bad the problem is) or just in terms of gathering information that would better shape our law for the benefit of women
- You must make sure your voice is heard in the forums you participate in; put yourself forward as a leader.
- Be strategic about the educational courses you take—know the value they add to your particular path
- Read! Read widely to better yourself and improve the quality of your conversation
- Be aware of the barriers and do something about them
- Despite the barriers, success is achievable—a thing she is a testament to





OPPORTUNITIES

Update your CVs and send them to us as we are part of your network. We are requested from time to time to recommend members to boards, and you should not be left out.

MEMBERSHIP

The membership fee for the Women on Boards Network is KES **25,000/-** (Joining fee **15,000/-** and the annual subscription **10,000/-**).

Download a membership registration form from www.womenonboardskenya.co.ke

THE WOMEN ON BOARDS NETWORK COURSES ON OFFER:

THE WOMEN ON BOARDS CORPORATE GOVERNANCE TRAINING

This is a 30 hour Corporate Governance and leadership training programme offered by The Women On Boards Network with the aim of equipping the ladies involved with leadership and governance skills and to prepare them for Board positions. The Women on Boards Network provides seasoned facilitators with valuable experience in corporate governance and board leadership.

COTERIES:

If you've joined WOBN and you're not in a coterie, or if you would like to change your coterie, let us know!

Coteries are absolutely voluntary—we just want ladies to hold our ladies accountable.





LEAD WOMEN  The Women On Boards Network

Present

Global Women on Boards

Programme

Dates

Module 1: 7th -11th May 2018

Module 2: 29th October - 2nd November 2018

For more info: info@womenonboardskenya.co.ke/
info@lead-women.com
www.lead-women.com/GWOB



The background of the banner is a photograph of a beach resort at dusk. Palm trees are silhouetted against a twilight sky, and the ocean is visible in the distance. In the foreground, there are lounge chairs with blue and green cushions, and a small table with a lit lamp.


**5th Annual Conference
2018**
24TH - 26TH OCTOBER 2018
THEME:
"MAKE IT HAPPEN, MAKE IT MATTER"
**SAROVA WHITESANDS BEACH
RESORT & SPA**

CONFERENCE FEES
MEMBERS:
KSH.25,000
NON-MEMBERS:
KSH. 30,000

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