

# THE WOMEN ON BOARDS NETWORK

SEPTEMBER/OCTOBER
2017 ISSUE 29





In September we had a wonderful board talk, with Caroline Mutoko as our speaker. The room was packed to capacity, with the ladies ready and eager to learn all they could from Caroline. Please find the highlights from our talk on page 3, and we look forward to seeing you today (12th October) at our board talk with Gladys Shollei! (Details on page 4). Our annual conference is also coming up, and details on this are on page 5.

### PICTURES FROM THE SEPTEMBER BOARD TALK









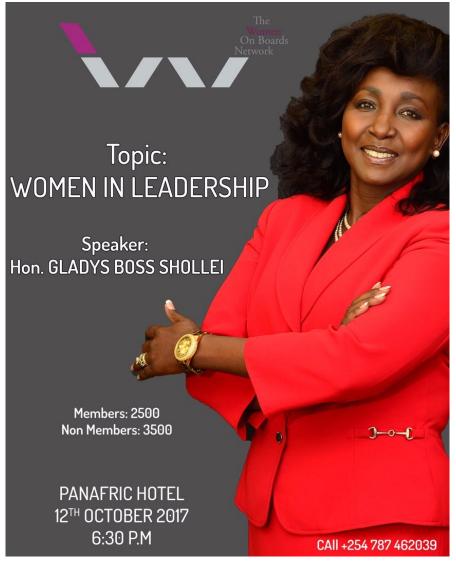




#### SWIMMING WITH THE SHARKS: HIGHLIGHTS FROM CAROLINE MUTOKO'S BOARD TALK

- Change is found outside our comfort zone
- If it doesn't feel right, if you're not adding value, walk away
- Don't just go for prestige
- Be interested in the work
- Your job as a board member is oversight you don't get involved in the every day running of the business
- Once you get involved in the every day running you have failed
- Stay with your herd know your herd and stay with it
- When dealing with jealous people, remember it's not about you it's about the other person
- Be very centred about who you are; be without apology
- Be able to help your organisation achieve its strategic financial goals
- What helps you swim with the sharks is your business and financial acumen your manner, your tone, your style are add-ons
- The smartest decision a woman will ever make is who she chooses to marry if your partner is truly a partner, the two of you can fight the sharks. If the people you seek validation from are against you, you've failed
- Get your own personal advisory board people who will support you but also ensure you keep moving
- With men, shouting back doesn't work, because they don't hear you.
- It's not about whether we measure up it's the value of your argument
- Learn other people's business languages then speak them
- Cede ground if it is what you need to lose in the moment for a long-term gain, lose it in the moment
- Know what you can and can't delegate
- Never read the good stuff (press) if you read the good stuff, you must read the bad stuff
- Know how to barricade yourself and not bring anything toxic into your space
- Create a place to go to, a circle of people where and with whom you can rest















## COUNTY FORUM ( MACHAKOS ) 26th - 27th May 2016













Breakfast & Roundtable 8th April 2017 9.00am









### **OPPORTUNITY**

Update your CVs and send them to us as we are part of your network. We are requested from time to time to recommend members to boards, and you should not be left out.

#### **MEMBERSHIP**

The membership fee for the Women on Boards Network is KES **25,000/-** (Joining fee

**15,000**/and the annual subscription **10,000**/-).

# THE WOMEN ON BOARDS NETWORK COURSES ON OFFER:

### THE WOMEN ON BOARDS CORPO-RATE GOVERNANCE TRAINING

This is a 30 hour Corporate Governance and leadership training programme offered by The Women On Boards Network with the aim of equipping the ladies involved with leadership and governance skills and to prepare them for Board positions. The Women on Boards Network provides seasoned facilitators with valuable experience in corporate governance and board leadership.

# WOMEN ON BOARDS CORPORATE GOVERNANCE TRANING, MENTORSHIP AND COACHING PROGRAMME

This course, apart from equipping ladies with leadership and governance skills and preparing them for Board positions, will also assign mentors and executive coaches to the ladies. The training is an eight modular training with coaching and mentorship.

Fees: 200,000 shillings; intake is ongoing

#### **COTERIES:**

If you've joined WOBN and you're not in a coterie, or if you would like to change your coterie, let us know!

Coteries are absolutely voluntary—we just want ladies to hold our ladies accountable.





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